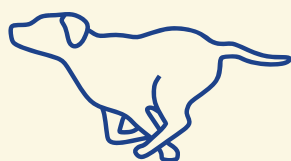


Telltale signs of ANXIETY IN DOGS



Recognising and addressing anxiety in our canine family members is pivotal for their wellbeing and ability to have a Good Life.

Behavioural changes



- increased arousal levels
- hyper-vigilance
- hesitation or inhibition
- restlessness
- pacing
- excessive barking
- compulsive actions

Physiological symptoms



- increased heart rate and respiratory rate
- excessive panting, trembling, or shaking



Changes in interactions

- differences in their social interactions
- over-attachment behaviours towards their owners
- seeking constant reassurance or physical contact

Toileting issues



- inappropriate toileting behaviours indoors, such as urinating or defecating inside the house.

Destructive behaviour



- chewing furniture
- digging
- scratching excessively

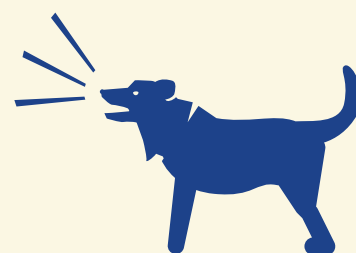


Withdrawal and avoidance

- seeking isolation or hiding in secluded areas
- displaying avoidance behaviours, attempting to escape or avoid situations that triggers their anxiety.

Excessive vocalisation

- excessive whining, howling, or barking beyond typical communication needs.



What can you do?

Recognising signs of anxiety in your dog is a testament to your attentiveness and empathy as a guardian, but you can't be expected to be the sole expert in deciphering and managing your dog's anxiety.

If you have specific concerns, we recommend speaking with your vet or reaching out to an accredited professional to assist you and your animal.

You can see a list of accredited professionals on

www.companionanimals.nz